

# 6<sup>TH</sup> EAST ANGLIAN SINUS, ORBIT AND SKULL BASE SURGERY COURSE 2026



Venue: The University of East Anglia, Norwich, NR4 7TJ, UK

Course Director: Professor Carl Philpott, Norwich Medical School

2026 dates TBC

**Accredited for 18 CPD Points by ENT UK**

## Course Faculty

Director:



Professor Carl Philpott trained in sinus and skull base surgery at the St Paul's Sinus Centre in Vancouver and is Professor of Rhinology & Olfactology at Norwich Medical School, UEA and Honorary Consultant Rhinologist at the James Paget and Norfolk & Norwich University Hospitals where he established the UK's first Smell & Taste Clinic. He has an academic practice with active research in chronic rhinosinusitis and olfactory disorders and is President of the British Otorhinolaryngology & Allied sciences Research Society. He is the Associate Editor for the Rhinology section of Clinical Otolaryngology and is on the editorial board of Rhinology Journal. He has an active role in patient advocacy as the Director of Research and Medical Affairs for the charity Fifth Sense.

## Local Faculty:

Mr Martyn Barnes



Mr Martyn Barnes completed ENT training in Scotland in 2010 then two international fellowships covering the full spectrum of Advanced Sinonasal, Skull Base, and Facial Plastic surgery. He leads for Rhinology in Mid and South Essex, has hosted a fellowship programme, and works closely with Oral Surgery, OMFS, Ophthalmology, and Rheumatology. He has a strong academic background, with two masters degrees, multiple publications, and chapters for the Scott-Brown series textbooks. He established and runs the East of England regional Rhinology MDT meeting. He maintains a keen interest in training in surgery, contributing to courses across the UK, and he founded SurgTech.net, providing open-access training media online for ENT.

Mr Rishi Sharma





Mr Rishi Sharma is a Consultant ENT and anterior Skull-base surgeon based at Addenbrooke's Hospital in Cambridge. He completed his primary medical training in 2006 from Oxford University and went on to post-graduate training in London (St George's, The Royal National Throat Nose and Ear and Guy's and St Thomas' Hospitals) and the East Anglia region. During his training, he developed an interest in sinus and nasal disease resulting in the completion of two prestigious fellowships. The first in Glasgow, Scotland followed by a second year in Vancouver, Canada. This has allowed him to become one of the few UK ENT surgeons with an American Rhinology Society accredited fellowship.

Mr Bijan Beigi



Mr Beigi is a Consultant Ophthalmic plastic and orbital surgeon in Norfolk & Norwich University Hospital and Honorary Senior Lecturer to UEA. He is a lead trainer and external clinical advisor for the Royal College of Ophthalmologists and special advisor to NICE for new surgical procedures. He has a special interest in the lower eyelid and orbital anatomy.



<p>Dr Pushpa Nathan</p> 	<p>Consultant Anaesthetist at James Paget Hospital Subspeciality interest in ENT Anaesthesia, Advanced Airway Management, Preoperative &amp; Paediatric Anaesthesia Airway Lead &amp; Member of the Difficult Airway Society. Leadership in multidisciplinary Airway Management training at James Paget Hospital</p>
<p>Mrs Bridget Hemmant</p> 	<p>Mrs Bridget Hemmant trained at Moorfields Eye Hospital and Perth, Western Australia where she gained international subspecialty training in oculoplastic surgery and reconstructive surgery. She is an international examiner for the Royal College of Ophthalmologists and has worked as a Consultant Ophthalmologist at the James Paget hospital and the Norfolk and Norwich University Hospital. She is in private practice at Spire Norwich and is a Trustee for the charity Vision Norfolk.</p>
<p>Dr Nicholas Chua</p> 	<p>Dr Nicholas Chua is a Consultant Radiologist in General and H&amp;N imaging at Mid and South Essex Hospital. He maintains a keen interest in radiology teaching with contributions to the internationally renowned DKT courses for FRCR candidates and is section author on Orbits and Sinuses in the Global Textbook of Radiology. He is the radiology advisor for the East Anglian Regional Rhinology MDT.</p>

## Visiting ENT Faculty:

**Prof Amin Javier**



Dr Javier is currently a full clinical professor in the department of surgery at the University of British Columbia, fellowship training director at UBC, co-director of research in the division of Otolaryngology at UBC, and director of the St. Paul's Sinus Centre. Dr Javier has varied research interests with over 120 research publications and over 15 book chapters. Post residency at UBC in 1998, Dr Javier proceeded to complete a two-year fellowship at the Georgia Nasal and Sinus Institute in Savannah, Georgia, specializing in Advanced Rhinology and Sinus/Skull Base Surgery under the directorship of Dr Frederick A Kuhn. Dr Javier has a special interest in advanced FESS (functional endoscopic sinus surgery), frontal sinus surgery, fungal sinus disease and recalcitrant chronic sinusitis. Dr Javier has been awarded several awards and honours in research and in surgical teaching during his career at UBC including the prestigious 'Richard Finlay Senior Scholar Award' in 2017. He started the sinus fellowship-training program at the St. Paul's Sinus Centre in 2001, which has graduated 27 subspecialized surgeons from eleven different countries. He presents internationally and is fluent in five languages.

**Ms Louise Melia**







Ms Louise Melia is a Consultant Rhinologist and Skull Base Surgeon in Bath and North Bristol. Following completion of her fellowship in advanced rhinology and open and endoscopic skull base surgery, she was appointed as a consultant at Glasgow Royal Infirmary in the West of Scotland, where she managed an extremely busy tertiary referral rhinology and skull base practice. She then moved to the South West of England bringing with her extensive experience in advanced approaches to the nose, sinuses, orbits, and skull base. Ms Melia is faculty member on a number of sinus and skull base courses as well as Programme Director for the British Rhinology Society Advanced Rhinology Fellowship. She has authored a number of book chapters, including the upcoming Scott Brown 9<sup>th</sup> Edition. She is the current ENT UK Lead for the Emergency Surgical Skills Course, providing essential training in the management of complex ENT emergencies.

**Prof Anshul Sama**



Prof Anshul Sama is a Consultant with over 23 years' experience in treating conditions of the Nose and Sinuses (Rhinology) as a consultant at Nottingham University Hospital. Run the premier Frontal sinus surgery course and Facial Aesthetic Surgery course aimed at training other consultants in these areas of surgery. Contribute on multiple Training courses in UK (Royal College of Surgeons, ENT Masterclass, Winchester Sinus Surgery course and others) and Europe (Paris, Amsterdam Copenhagen, Milan Masterclass and Santorini). Member of the Nottingham Skull Base surgery Team and Snoring and Sleep Apnoea Team). Contributed on 8 book chapters and over 50 publications in the field of Nasal/Sinus or Sleep disordered breathing and is a co-editor of a book on Frontal sinus surgery



<p>Mr San Sunkaraneni</p> 	<p>Mr Sunkaraneni is a UK trained Ear, Nose and Throat (ENT) Surgeon who graduated from the University of London. During his medical school training, he spent a year undertaking a Bachelor's degree in Clinical Anatomy, where his interest in the anatomy and surgery of the head and neck region began. He underwent his general ENT training at Addenbrooke's Hospital, Cambridge and in the Wessex Deanery after which he spent a year undergoing subspecialty training at the renowned St Paul's Sinus Centre, Vancouver, Canada. With research interests in nasal and sinus disease, Mr Sunkaraneni has been Principal Investigator on a number of multi-centre research projects. He peer reviews research papers for scientific journals and has lectured at major conferences in the UK and North America. He is the Director of the Guildford Sinus and Skullbase Surgery Course.</p>
<p>Mr Irfan Syed</p> 	<p>Mr Irfan Syed is a Consultant Rhinologist &amp; Facial Plastic Surgeon at University Hospital Lewisham. He gained fellowship training in Rhinology &amp; Facial Plastic surgery at St George's Hospital London and Sino-Nasal Institute of Florida and Amsterdam Medical Centre. He is a course director for The London Endoscopic Sinus Surgery Course &amp; The London Facial Plastic Surgery Course.</p>
<p>Prof. Matt Lechner</p> 	<p>Matt Lechner is a fellowship-trained Consultant Rhinologist and ENT Surgeon and leads a research programme as Professor of Rhinology and Head &amp; Neck Cancer at University College London. Matt obtained his PhD from University College London and trained as an ENT Surgeon at University College London Hospitals, Great Ormond Street Hospital for Children and Barts Health in London. Before rejoining UCL, he completed a one-year surgical Instructorship/Fellowship in Rhinology and Advanced Endoscopic Skull Base Surgery under Drs. Peter Hwang, Zara Patel and Jayakar Nayak at Stanford University (Palo Alto, US), developing a subspecialty interest in rhinology and advanced endoscopic sinus surgery. He is a Fellow of the Royal College of Surgeons of England and was one of the first surgeons at UCL who was awarded a Fellowship from the Higher Education Academy in 2013. He has published more than 130 original articles covering smell, rhinology, cancer biology, tumour virology and experimental cancer medicine. He has been awarded the title 'Hunterian Professor' by the Royal College of Surgeons of England in 2020.</p>
<p>Mr Ashok Rokade</p> 	<p>BRS President 2025-7</p>

## Course sponsorship

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### Provisional SPONSORS



## Course Program

### Day 1

Location	Time	Course Activity
Julian Study Centre (JSC) Foyer	12:15	Registration & coffee & trading stands
Elizabeth Fry 01.02	13:00	<b>Welcome talk</b> Prof Carl Philpott and Mr Richard Haywood
	13:10	<b>Radiological sinus and skull base anatomy</b> Dr Nicholas Chua
	13:40	<b>Endoscopic sinonasal anatomy (via Teams)</b> Prof Amin Javier
	14:10	<b>Perioperative care for ESS</b> Prof Matt Lechner
JSC Foyer	14:40	Coffee & trading stands
Elizabeth Fry 01.02	15:20	<b>Preventing and managing complications of sinus surgery</b> Mr Sankalp Sunkaraneni
	15:50	<b>Anaesthetic considerations for rhinological surgery</b> Dr Pushpa Nathan
	16:20	<b>Frontal sinus anatomy (via Teams)</b> Prof Amin Javier
	16:50	<b>Biologics in CRS – the real-world experience</b> TBC
	17:10	Questions to faculty
	17:00	End of Day 1
The Georgian Townhouse	19:00	Faculty Dinner



## Day 2

Location	Time	Course Activity
JSC Foyer	08:45	<b>Coffee &amp; trading stands</b>
Anatomy Lab	09:30	<b>Dissection Part I – Endoscopic Sinus Surgery</b> Uncinectomy, Maxillary sinuses, Anterior & Posterior Ethmoids, Sphenoid sinuses, Balloon Sinuplasty
JSC Foyer	11:00	<b>Coffee &amp; trading stands</b>
Anatomy Lab	11:30	<b>Dissection Part II – Endoscopic Sinus Surgery</b> Uncinectomy, Maxillary sinuses, Anterior & Posterior Ethmoids, Sphenoid sinuses, Balloon Sinuplasty
JSC Foyer	13:00	Lunch & trading stands
Queens 01.11	14:00	<b>Modified Lothrop procedure and extended frontal sinus approaches</b> Prof Anshul Sama
	14:30	<b>Orbital Approach &amp; Sinuses</b> Mr Bijan Beigi
	15:00	<b>Endoscopic DCR</b> Mrs Bridget Hemmant, Mr Irfan Syed
JSC Foyer	15:30	Coffee & trading stands
Anatomy Lab	16:00	<b>Dissection Part III - Orbital and Lacrimal</b> DCR, Orbital Decompression, Lateral Canthotomy, Cantholysis, External Approach to Anterior Ethmoid artery, Trans-orbital approaches to sinuses
	17:30	<b>Close</b>
Caistor Hall Hotel	19:30	<b>Course Dinner</b>



## Day 3 - Thursday 23<sup>rd</sup> January 2025

Location	Time	Course Activity
TPSC Foyer	07:30	Registration & coffee & trading stands
Elizabeth Fry 01.10	08:00	<b>Rhinology MDT</b> Mr Martyn Barnes
	09:00	<b>Contemporary management of Chronic Rhinosinusitis and revision surgery</b> Prof Carl Philpott
	09:30	<b>Sinonasal tumours</b> Mr Rishi Sharma
	10:00	<b>The Rhinological Corridor: Extended endonasal surgery of the skull base (reconstruction and CSF leak repair)</b> Mr Ashok Rokade
TPSC Foyer	10:30	Coffee & trading stands
Anatomy Lab	11:00	<b>Dissection Part IV - Frontal sinus</b> Frontal sinus dissection, frontal-trephine, CSF leak repair, drug-eluting stents
	12:45	<b>Fungal sinus disease (via Teams)</b> Miss Louise Melia
TPSC Foyer	13:15	Lunch & trading stands
Queens0.17	14:15	Ask the panel – all remaining faculty
Anatomy Lab	14:45	<b>Dissection Part V – Further topics</b> Frontal Sinus Rescue, Sphenopalatine Artery Ligation, Transphenoidal Pituitary approach, Nasoseptal flap, Medial Maxillectomy, Pre-Lacrimal approach to Maxillary Sinus, others by request
	17:00	<b>End of Course</b>

## Recommended Sinonasal Instruments and Annotated Photographs:

MCEN116	Straight Mushroom Punch	Integra
MCEN117	Angled Mushroom Punch	Integra
11-402/ 252-504- 100	Keir Punch Straight Or Blakesley suction punch	Keir Surgical/ rz- medizintechnik
11- 442/252- 505-100	Keir Punch 45 Degree Or 45 Blakesley suction punch	Keir Surgical/ rz- medizintechnik
11-601	Curette Kuhn 0 Deg	Keir Surgical
11-651	Curette Kuhn 50 Deg	Keir Surgical
11-691	Curette Kuhn 90 Deg	Keir Surgical
629820	Maxillary Sinus Seeker	Karl Storz
456001A	Blakesley Straight Suction Forcep	Karl Storz
204808	Ferguson-Frazier Suction Tube 8fr	Karl Storz
204810	Ferguson-Frazier Suction Tube 10fr	Karl Storz
204812	Ferguson-Frazier Suction Tube 12fr	Karl Storz
459052	Downbiting Antrum Punch Left	Karl Storz
459051	Downbiting Antrum Punch Right	Karl Storz
651241	Frontal Sinus Giraffe Forceps 90° Front To Back	Karl Storz
651231	Frontal Sinus Giraffe Forceps 90° Side To Side	Karl Storz
651221	Frontal Sinus Giraffe Forceps 45° Front To Back	Karl Storz
651211	Frontal Sinus Giraffe Forceps 45° Side To Side	Karl Storz
474001	Suction Elevator Freer	Karl Storz
651504	Straight Mushroom Punch	Karl Storz
651503	Angled Mushroom Punch	Karl Storz
456801B	Blakesley Forcep 90° Upturned	Karl Storz
651250F	Kuhn/Heuwieser 60° Straight	Karl Storz
651250FL	Kuhn/Heuwieser 60° Left	Karl Storz
651250FR	Kuhn/Heuwieser 60° Right	Karl Storz
651251F	Kuhn/Heuwieser 90° Straight	Karl Storz
651251FL	Kuhn/Heuwieser 90° Left	Karl Storz
651251FR	Kuhn/Heuwieser 90° Right	Karl Storz
451000B	Keir Punch Straight / Karl Storz; Grunwald Henke Rhinoforc cell cutting forceps	Karl Storz
451500B	Keir Punch 45 Degree / Karl Storz; Grunwald Henke Rhinoforc cell cutting forceps	Karl Storz
449201	Endoscopic Nasal Scissor	Karl Storz
792320	Bayonet Forcep (Grunwald)	Karl Storz
628702	Curette Kuhn 0 Deg	Karl Storz
628712	Curette Kuhn 50 Deg	Karl Storz
628714	Curette Kuhn 90 Deg	Karl Storz



