

Report on attending a Short Course “Endoscopic Approach to Rhinosinusitis (including dissection)” organized at the University College London Ear Institute, 03-06 October 2012.

A very positive impression from the course started with a great welcome morning reception at the UCL Ear Institute on the opening day of the course. All the staff involved in the organization of the course was extremely helpful and pleasant.

The first day of the course started with a Welcome word from Prof.Valerie Lund. Afterwards during that day I listened to lectures on the basics of rhinosinusitis (including classification and differential diagnosis, surgical anatomy and physiology, allergy and immunology, radiology, objective tests in rhinology).

Besides theoretical part we were given opportunity to watch cadaver dissection with comments from Prof.V.Lund. The first day finished with an Evening Reception where I had an opportunity to network and share experience with my colleagues from different countries.

The second day was dedicated to FESS in children, complications in FESS and post-operative management of patients after FESS. Choanal atresia, mucocoeles, epistaxis were also discussed during that day. 2 live surgeries were demonstrated (FESS and CSF leak closure).

During the third day we discussed such topics as CSF leaks, orbital and optic nerve decompression, frontal sinus. Majority of the lectures during this day were given by Prof.H.Stammberger who is an excellent and experienced surgeon and speaker. 2 live surgeries were also performed this day.

On the last day we had a privilege to watch demo dissection by Prof.V.Lund and Prof.H.Stammberger. After demonstration we had a few hours to practice our skills in the dissection hall at the Guy’s Medical School’s Anatomy Department. Since the course was organized in partnership with Karl Storz, high quality instruments and devices were available.

Overall I am very satisfied with the course. After my return to the host hospital I shared the knowledge and experience gained during the course with my colleagues. But the most important is that I use this education in my daily practice for the benefit of the patients.

I am extremely grateful to the European Rhinologic Society for such a unique opportunity to improve myself as a doctor.

I hope this fellowship programme will benefit many other trainees from Eastern Europe as it helped me!

Best regards,

Roman Fishchuk