

Report on attending a Course “An Endoscopic Approach to Rhinosinusitis (including dissection)” organized at the University College London Ear Institute, 13-17 October 2015.

I would like to thank the European Rhinologic Society for this fellowship and the opportunity to take part in the short Course “An Endoscopic Approach to Rhinosinusitis”. I would like to share some of the experiences and things I have learned there.

I have very positive impression from the course, which started from the morning at the UCL Ear Institute with great welcome words from Prof. Valerie Lund. All lecturers and the staff involved in the organization of the course were extremely helpful and pleasant. For me, the most exciting thing was to meet and hear lectures from Prof. V. Lund and Prof. H. Stammberger, whose books, articles and guidelines I have used in my PhD thesis about rhinosinusitis.

Afterwards during first day I listened lectures on the basics of rhinosinusitis (including classification and differential diagnosis, physiology, allergy and immunology, radiology, objective tests in rhinology), that I am very interested in, and have heard lots of important information and found new ideas for my basic research. Besides theoretical part we got opportunity to watch cadaver dissection with comments from Prof. V. Lund. The first day finished with an Evening Reception where I had an opportunity to meet colleagues from the other countries and share experience and ideas.

During next 3 days we discussed such topics as fungal rhinosinusites, FESS in children, complications in FESS and postoperative management of patients after FESS, choanal atresia, mucocoeles, epistaxis, CSF leaks, orbital and optic nerve decompression, frontal sinus etc. Due to my field of research, the most interesting topic for me was fungal rhinosinusitis, given by Prof. H. Stammberger, where I heard very detailed overview of FRS, with focus on new classification and diagnostic criteria. All lectures were given by eminent professors such as Prof. V. Lund, Prof. H. Stammberger, Prof. C Hopkins, Prof. D Roberts who have an excellent experience as a surgeons and speakers. We had also opportunity to watch 2 live surgeries that were performed during course. Course teachers and the operating surgeon commented every step of the surgery and all the participants could ask their questions directly to the OR.

On the last day we had a privilege to watch demo dissection by professors and we had a few hours to practice our skills in the dissection hall at the Guy’s Medical School’s Anatomy Department. *Karl Storz* – the leading endoscope manufacturer supplied all participants with, high quality instruments and devices for dissection.

In summary, I am more than satisfied with the course and I have really enjoyed every minute of the course. It will certainly help me on the way in my future work and career! After my return to the host hospital I shared the knowledge and experience gained during the course with my colleagues what with surely has benefit for our patients.

I want to thank the organizers of the course for their great work, and I am especially grateful to the European Rhinologic Society for such a unique opportunity to improve myself as a doctor and made it possible for me to visit University College London Ear Institute. Hopefully, I will visit this beautiful city and the UCL again!

Best regards,

Dr Aleksandra Barac

In Belgrade, Serbia, 26.10.2015