

I would like to thank the European Rhinologic Society for this fellowship and the opportunity to take part in the 19<sup>th</sup> International Course in Modern Rhinoplasty Techniques in Amsterdam and share some of the experiences and things I have learned there.

The first thing, which has impressed me, was the venue. The Academic Medical Center of the University of Amsterdam looks like a little town under one roof, with its own streets, shops and clinics of course. The hall, where the lectures took place was also very comfortable and perfectly equipped. It had a huge screen, where we could watch the live surgeries, and I must say, that quality of video was really amazing!

It was really interesting to meet all the great surgeons, whose books and articles I have read before. Everyday started with introduction lecture and a live operation. Course teachers and the operating surgeon commented every step of the surgery and all the participants could send their questions directly to the OR.

The second part of the day with various lectures was also very interesting and intense. Every participant again had a chance to ask his questions and the lecturers haven't left anyone without attention. I have learned multiple rhinoplasty procedures, which were totally new for me. Some of them have addressed the same esthetic issues in rhinoplasty, but as teacher of honor of the course Minas Constantinidis has said, "A good plastic surgeon can fix a certain problem in one or two ways, while a great plastic surgeon can do it in three, four or even five different ways". So every day I have left the AMC full of knowledge, which I am now spreading among the doctors of my clinic. Some skills I have also gained during the Symposium "Nasal valve surgery", which was a crucial addition to the course.

Overall, I have enjoyed every minute of the course and it will certainly help me on the way in ENT-surgery. I want to thank the organizers of the course for their great work, and I am especially grateful to Mrs. Margalith van Huiden, she made it possible for me to visit Amsterdam. Hopefully, I will visit this beautiful city and the AMC again!

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